

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BJJ Fundamentals All Levels 6:00 AM - 7:00 AM		BJJ Fundamentals No-Gi 6:00 AM - 7:00 AM	BJJ Drills All Levels 6:00 PM - 7:00 AM	BJJ Live Training Advanced 6:00 PM - 7:00 AM		
	BJJ Fundamentals All Levels 10:00 AM - 11:00 AM		BJJ Fundamentals All Levels 10:00 AM - 11:00 AM			Women's BJJ All Levels 8:00 AM - 9:00 AM
			Little Champs Jiu-Jitsu (4-6 yrs old) 4:15 PM - 5:00 PM		Brazilian Jiu-Jitsu All Levels 11:00 AM - 12:30 PM	
	Brazilian Jiu-Jitsu Juniors 1 (7-9 yrs.) 5:00 PM - 6:00 PM		Brazilian Jiu-Jitsu Juniors 1 (7-9 yrs.) 5:00 PM - 6:00 PM			
BJJ Fundamentals 6:30 PM - 7:30 PM	Brazilian Jiu-Jitsu Juniors 2 (10-14 yrs.) 6:00 PM - 7:00 PM	Stand-up Technique 6:00 PM - 7:00 PM	Brazilian Jiu-Jitsu Juniors 2 (10-14 yrs.) 6:00 PM - 7:00 PM	BJJ All Levels 6:00 PM - 7:00 PM		
Brazilian Jiu-Jitsu Competition Training 7:30 PM - 8:30 PM	BJJ Fundamentals All Levels 7:00 PM - 8:00 PM	No-GI BJJ All Levels 7:00 PM - 8:30 PM	BJJ Fundamentals All Levels 7:00 PM - 8:00 PM			
	BJJ Live Training Advanced 8:00 PM - 8:30 PM		BJJ Live Training Advanced 8:00 PM - 8:30 PM			

Black Belt private classes are available. For more information contact Gerson Sanginitto at 310-704-6545